

Emergency Hotlines and Resources

THHS Covid-19 Mental Health Support Line 833-986-1919	Suicide Prevention Lifeline 800-273-TALK (8255)
Texas Abuse Hotline 800-252-5400	National Domestic Violence Hotline 800-799-SAFE (7233)
Crisis Support Network 800-435-7276	National Human Trafficking Hotline 888-373-7888

Dial **211 Texas** or (877)- 541-7905
For (COVID-19) Community and State Resources
<https://www.211texas.org/>

Texas Department of State Health Services

PUBLIC HEALTH REGION 4/5 - Tyler
Phone: (903) 595-3585
2521 West Front Street,
Tyler, Texas 75702, Mail Code 1901
<https://dshs.texas.gov/coronavirus/>

Texas Health and Human Services Hotline

Covid-19 Mental Health Support Line
833-986-1919

American Red Cross Northeast Texas Region

903-753-2091
501 Pine Tree Road Room A.
Longview, TX 75604
https://www.redcross.org/local/texas/north-texas/about-us.html?CID=organic_gmb_listings

City of Mount Pleasant

Official Website for local updates on COVID-19
<https://www.mpcity.net/632/COVID-19-UPDATES>

Community Services of Northeast Texas

903-756-5596
Electric Bill Assistance and other outreach programs for the following counties:
Bowie, Cass, Camp, Marion, Morris, Lamar, Red River, Franklin,
Titus, Hopkins, Delta and Rains
<http://www.csntexas.org/Outreach.htm>

COVID-19 Resources 4 Schools

<https://www.esc4.net/covid>

Expectant Heart Pregnancy Center

903-434-3300

302 N Jefferson Ave

Mt. Pleasant, TX 75455

For pregnant mothers and children 36 months or younger (inside Vera Bank)

<http://www.expectantheart.org/>

Lakes Regional Medical Center

903-572-8783

1300 W. 16th Street

Mt. Pleasant, TX 75455

Mental Health/Counseling Resource

<https://lakesregional.org/wp-content/cache/all/index.html>

Salvation Army Social Services Longview

903-215-8463

519 E. Cotton Street

Longview, TX 75601

<https://www.salvationarmyusa.org/usn/>

Safe-T Crisis Center

903-572-0973

204 Patrick Street

Mt. Pleasant, TX 75455

Violence against women and children

<http://www.safe-tagency.com>

Texas Medicaid, Food Stamps & TANF Cash Help

Call: 211Texas

<https://www.yourtexasbenefits.com/Learn/Home>

Titus County Cares Food Pantry

903-575-9157

301 N Edwards Ave,

Mt. Pleasant, TX 75455

Pantry Hours M, W, TH 9:00 - 3:00

Tues 5:00 - 7:00

Provide food for Titus County Residents once a month

<https://www.tituscountycares.org/>

Unemployment Solutions, etc.

Workforce Solutions Northeast Texas

312 N. Riddle

Mt. Pleasant, Texas 75455

903 572-9841

<https://www.netxworkforce.org/>